

**CVT- 27/11/2014**



**Lo más relevante del 2014:**

**Cardiólogo clínico**

**Francisco Martín Herrero**

**Complejo Asistencial**

**Universitario Salamanca**

**HOSPITAL  
UNIVERSITARIO  
DE SALAMANCA**



63<sup>rd</sup> Annual Scientific Session & Expo



Type 2 DM and recent Acute Coronary Syndrome  
(STEMI, NSTEMI or UA)

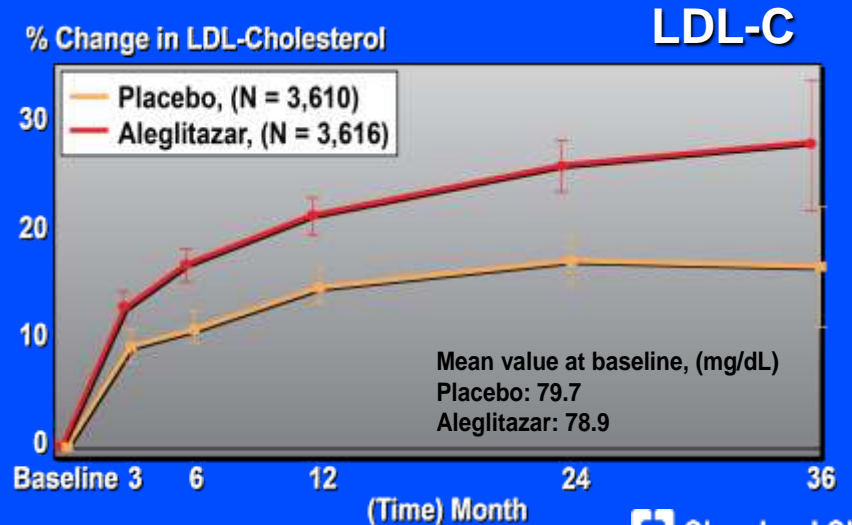
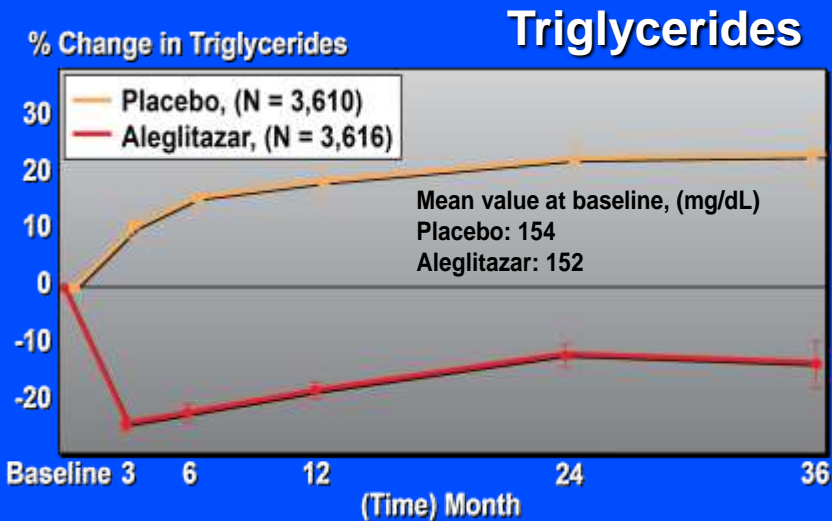
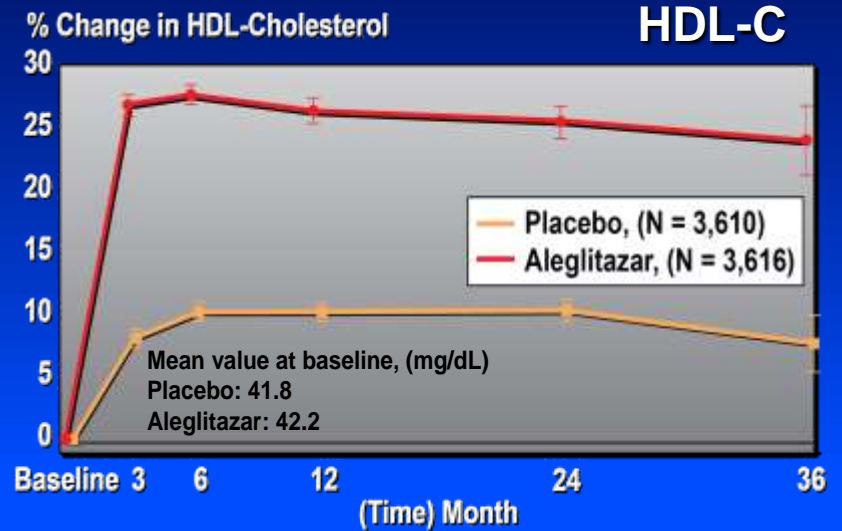
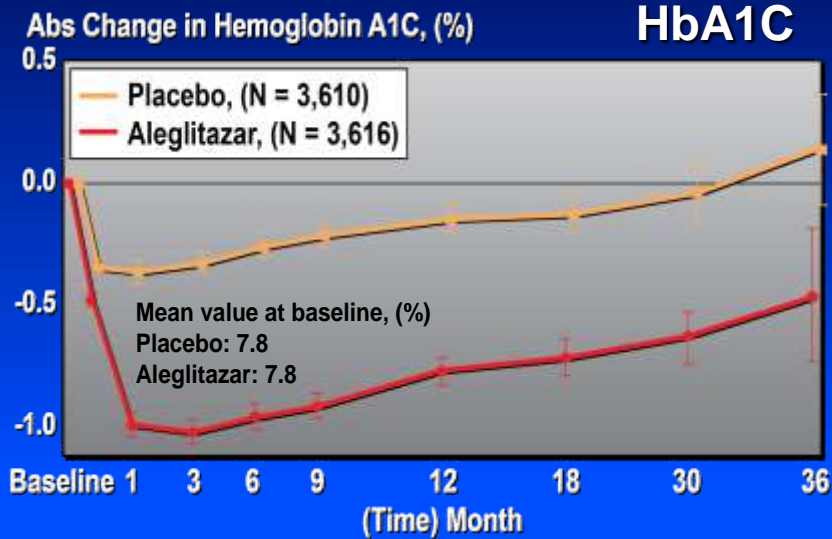
**N ~ 7000 Patients Randomized**  
Double blind, 1:1 Ratio  
Up to 12 weeks after index event

**Aleglitazar**  
150 µg/day in morning

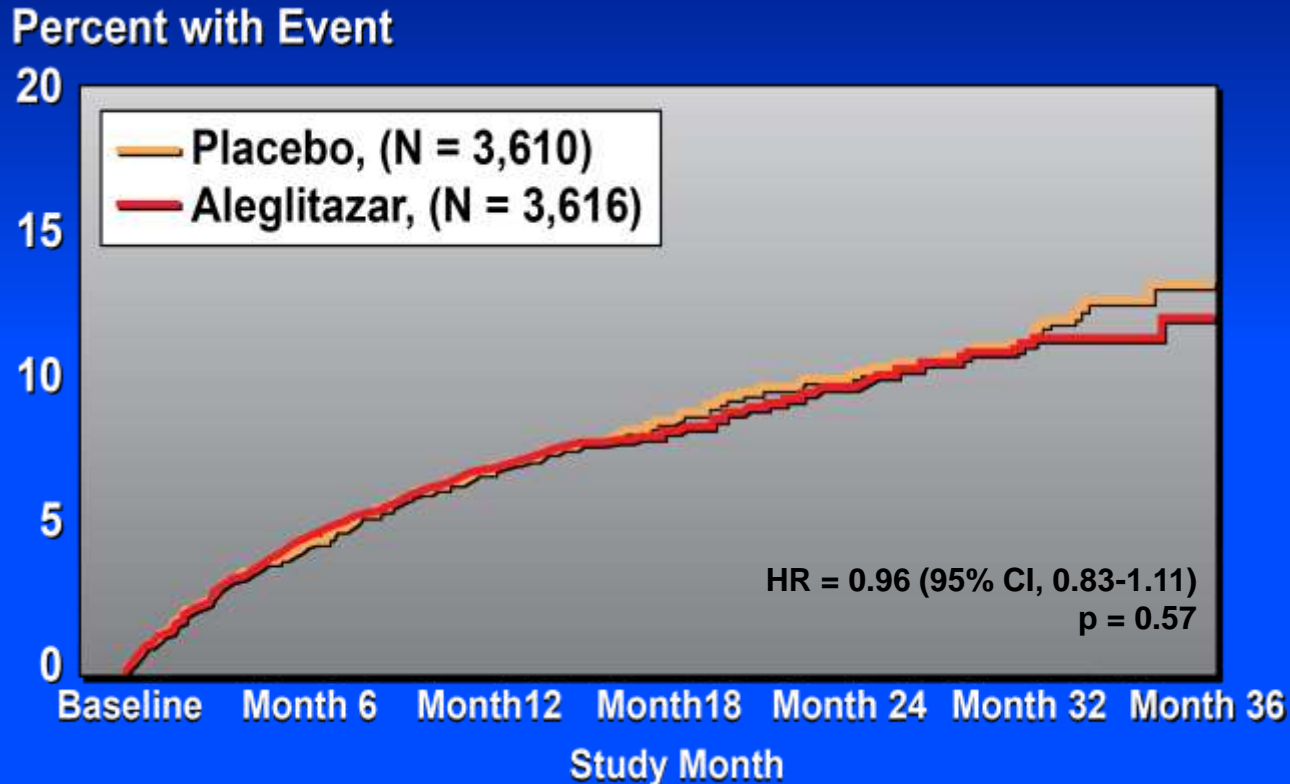
**Placebo**

Study visits: 1, 3, 6, 9, 12 mos, then alternative visits and phone q3 mos

Event Driven – 950 positively-adjudicated 1° Endpoint events  
Anticipated ~2.5 years follow-up



### Cardiovascular Death, Non-Fatal MI, Non-Fatal Stroke



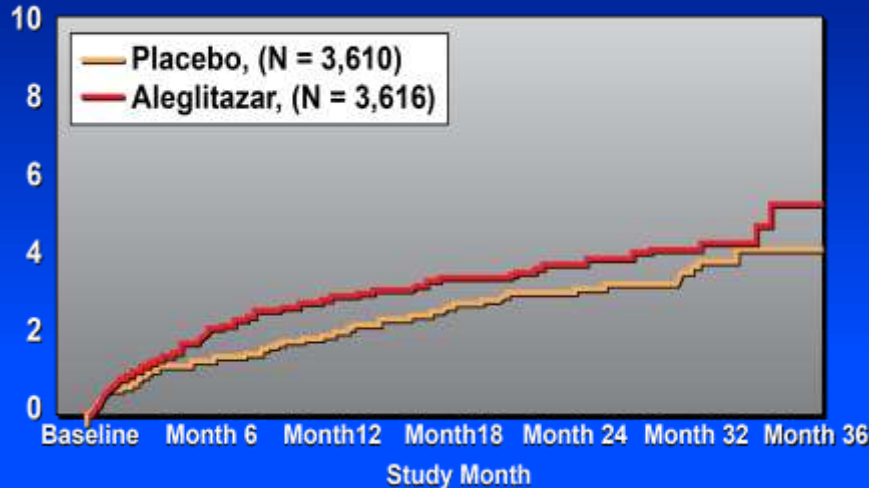
No. at risk:

Placebo	3610	3394	3252	2720	1706	773	118
Aloglitazar	3616	3387	3249	2731	1688	780	101



## Hospitalization for HF

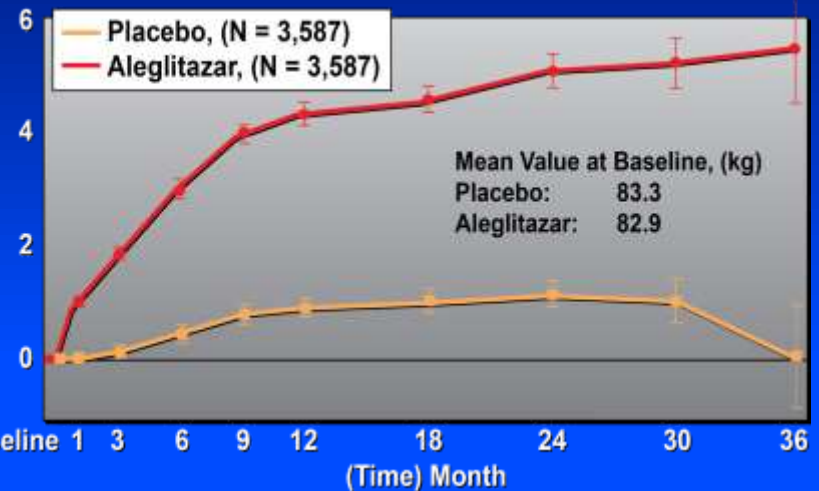
Percent with Event



HR = 1.22 (95% CI, 0.94-1.59)  
p = 0.14

## Body Weight

Abs Change in Weight, (kg)



4.6 kg vs. 0.9 kg, P <0.001

**Heart Failure Serious Adverse Event:**  
Aleglitazar 4.7% vs Placebo 3.8%, HR 1.24; 95% CI 0.99 to 1.66, P = 0.06

**Peripheral Edema:**  
Aleglitazar 14.0% vs Placebo 6.6%, P <0.001



**Karolinska  
Institutet**

# **Undetectable High Sensitivity Cardiac Troponin T Level in the Emergency Department and Risk of Myocardial Infarction**

Nadia Bandstein, MD; Rickard Ljung, MD, PhD; Magnus Johansson, MD, PhD;  
Martin Holzmann, MD, PhD.

Department of Emergency Medicine  
Karolinska University Hospital and Karolinska Institute  
Stockholm, Sweden

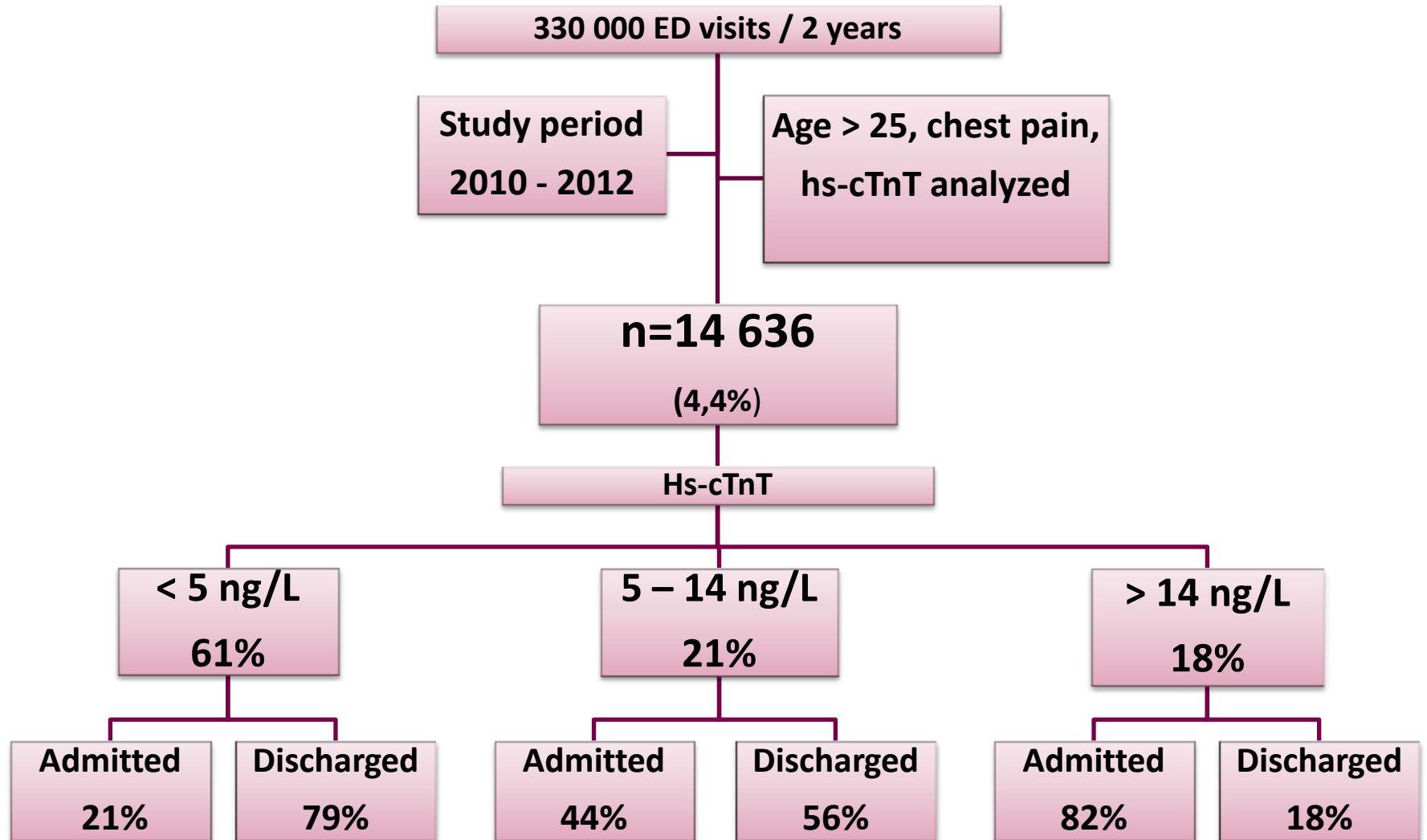
**Late Breaking Clinical Trial, ACC.14, Washington**

# Hypothesis

- All patients with chest pain, who have an undetectable high-sensitivity cardiac troponin T ( $< 5$  ng/l), and an ECG without signs of ischemia, may be discharged directly from the emergency department (ED), since their risk of MI within 30 days is minimal.



# Study population



# Risk of Myocardial Infarction

	High-Sensitivity Cardiac Troponin T level (ng/L)		
	<5	5-14	>14
<b>Myocardial infarction</b>			
<b>30 days</b>			
Number of events	<b>15</b>	97	676
Negative pred. val.	<b>99,8 (99,7-99,9)</b>	96,9 (96,3-97,5)	73,8 (72,1-75,5)
<b>365 days</b>			
Number of events	54	134	753
Negative pred. val.	99,4 (99,2-99,5)	95,7 (95,0-96,5)	70,8 (69,0-72,6)

**HOSPITAL  
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**ESC CONGRESS**  
**BARCELONA 2014**  
30 Aug - 3 Sept



EUROPEAN SOCIETY OF CARDIOLOGY®



# The Stabilization Of pLaques using Darapladib (SOLID)-TIMI 52 trial: Primary Results

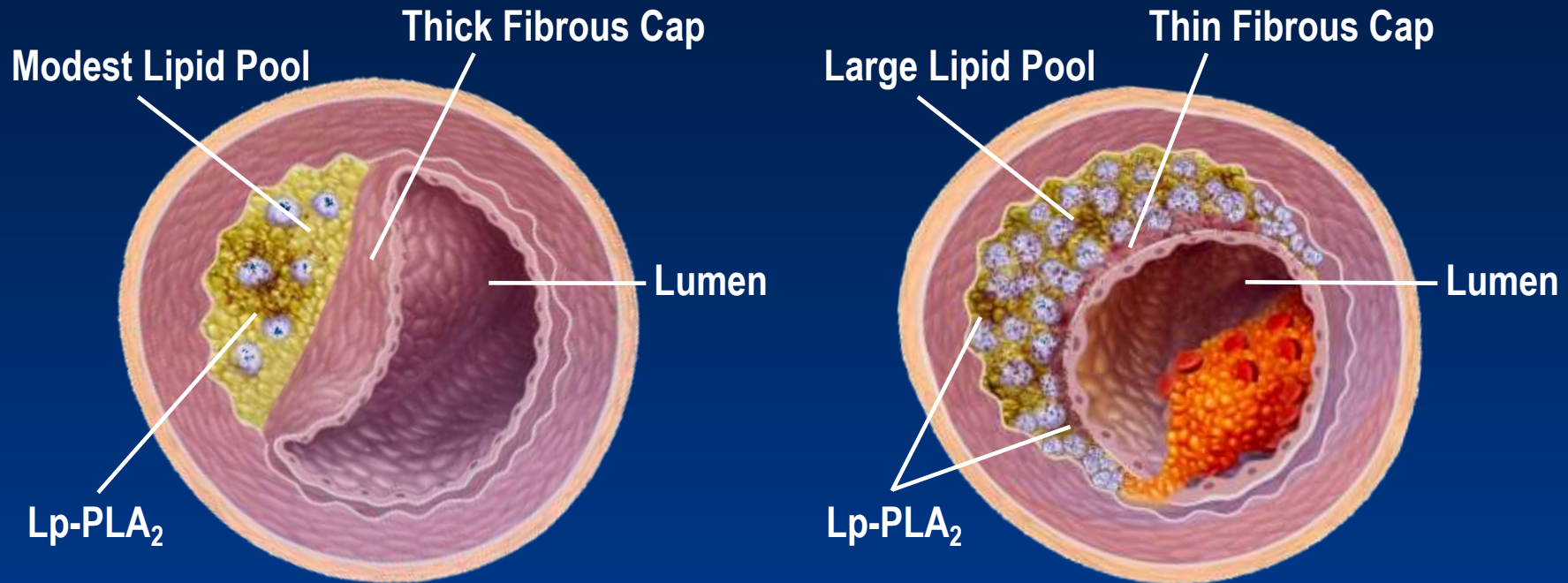
Michelle L. O'Donoghue MD MPH, on behalf  
of the SOLID-TIMI 52 investigators

European Society of Cardiology Congress  
Barcelona, Spain  
Sunday August 31, 2014





# Characteristics of Stable versus Ruptured Plaques



## Stable Plaque

- ✓ Low Lp-PLA<sub>2</sub> content (dark staining)
- ✓ May have significant stenosis
- ✓ Thick fibrous cap / high collagen content
- ✓ Modest lipid pool
- ✓ Few inflammatory cells

## Ruptured Plaque

- ✓ High Lp-PLA<sub>2</sub> content (dark staining)
- ✓ May have minimal stenosis
- ✓ Thin fibrous cap / low collagen content
- ✓ Large lipid pool
- ✓ Many inflammatory cells

# Darapladib Phase III Clinical Program



High risk\* patients  
with chronic CHD

Randomization to  
Darapladib or Placebo

n= 15,898  
(3.7 year median f/u)



High risk\* patients with  
ACS (STEMI, NSTEMI, UA)

Randomization to  
Darapladib or Placebo within  
30 days of index event

n= 13,026  
(2.5 year median f/u)

\* High-risk criteria ( $\geq 1$  of the following): age  $>60$  years, diabetes mellitus, (eGFR 30-60 ml/min/1.73 m<sup>2</sup>), polyvascular disease, HDL  $<40$  mg/dl (STABILITY only), tobacco use (STABILITY only), or prior MI (SOLID-TIMI 52 only)





# STABILITY Trial

15,828 patients with stable CHD randomized to darapladib 160mg QD vs placebo

### Primary Endpoint

CV death, MI or stroke



HR (95% CI)  
0.94 (0.85-1.03)  
P=0.20

### Selected Secondary Endpoints

#### Major Coronary Events:

(CHD death, MI or urgent coronary revascularization for myocardial ischemia)



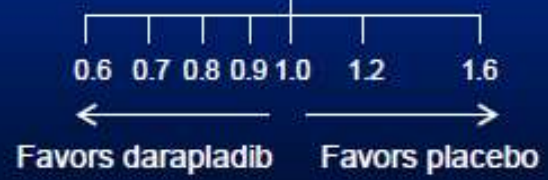
0.90 (0.82-1.00)  
P=0.045

#### Total Coronary Events

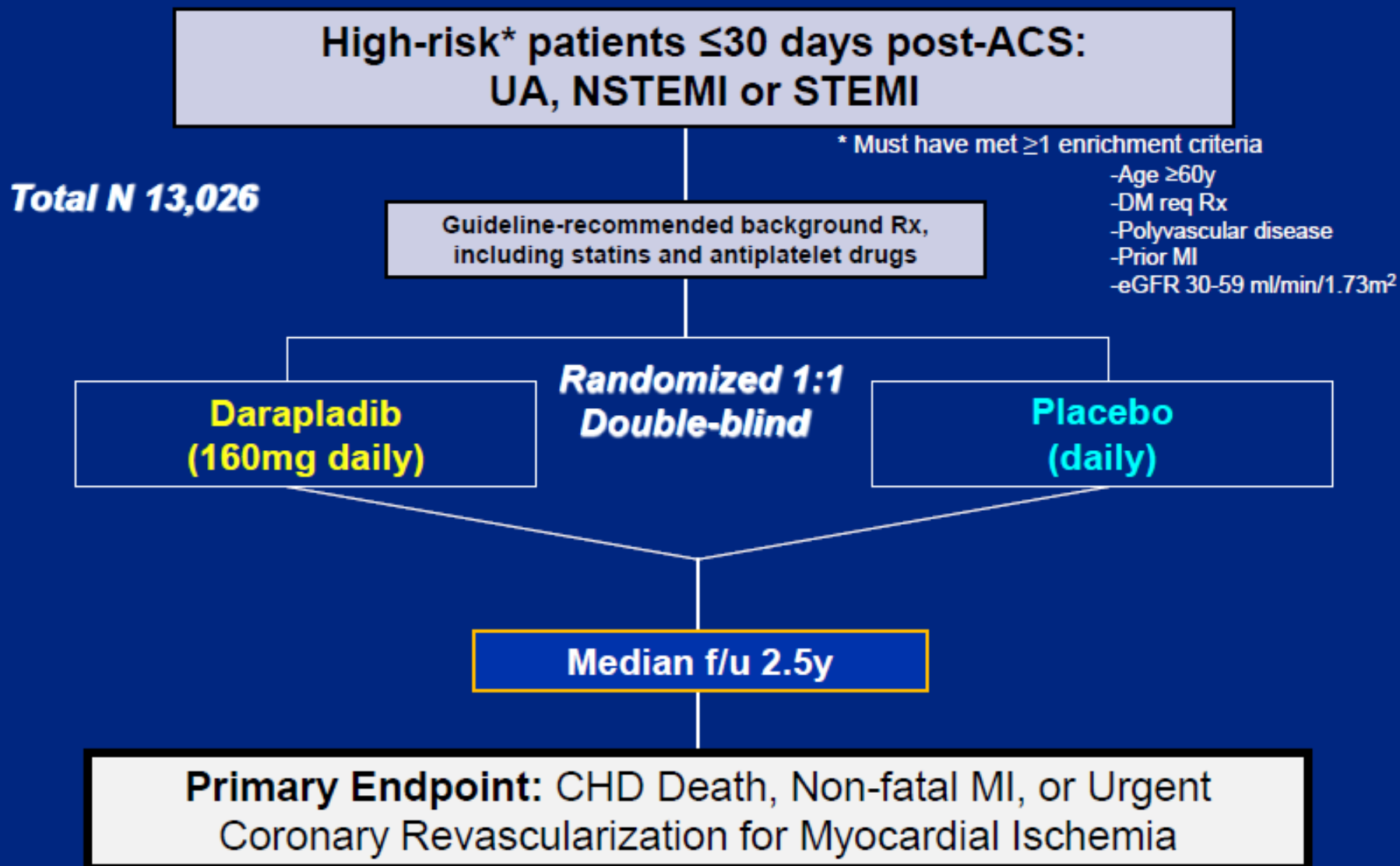
(CHD death, MI, hospitalization for UA or any coronary revascularization)



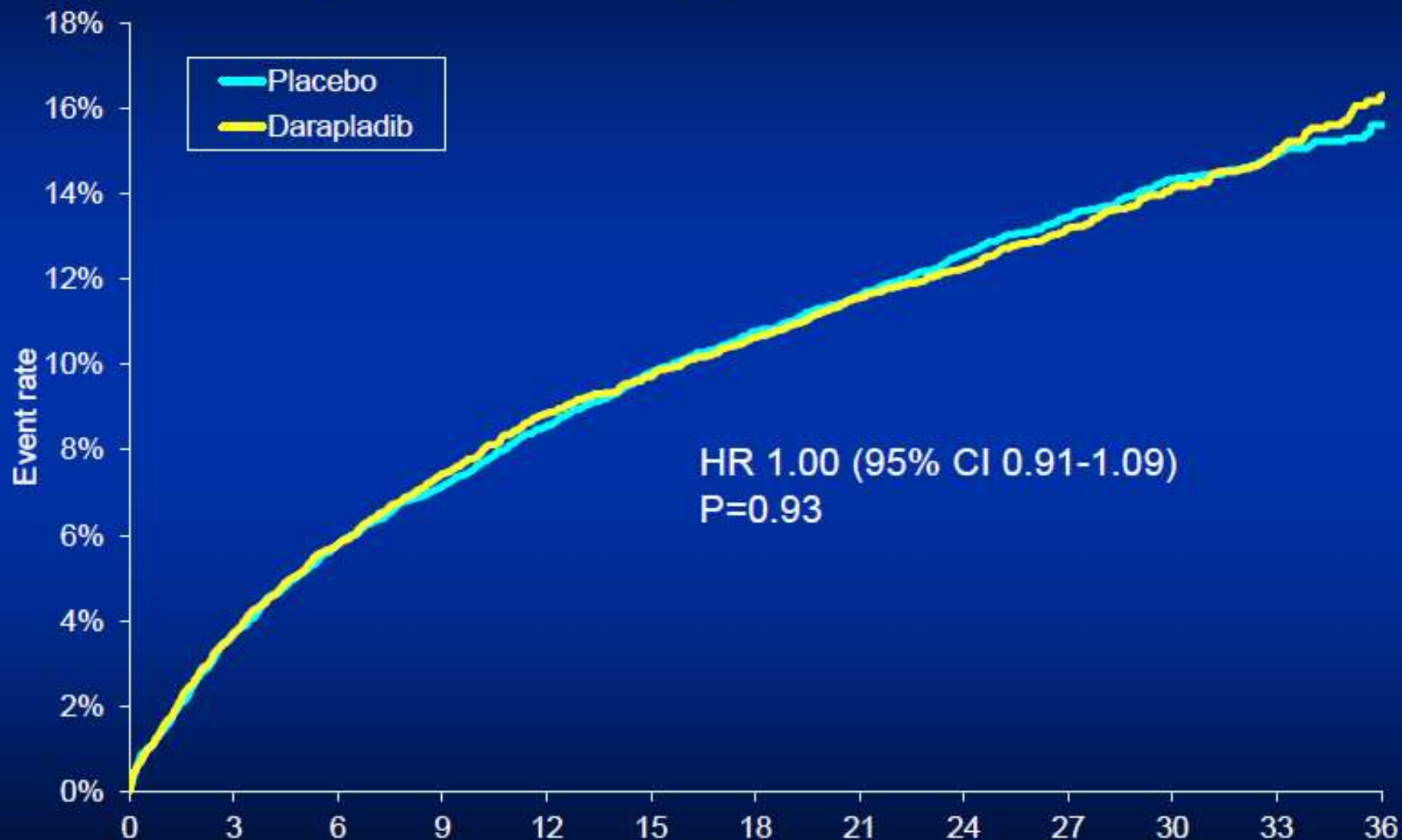
0.91 (0.84-0.98)  
P=0.02



# SOLID-TIMI 52 Study Design



# Primary Endpoint: CHD death, MI or urgent coronary revascularization



No. at risk	0	3	6	9	12	15	18	21	24	27	30	33	36
Placebo	6522	6219	6060	5945	5825	5726	5638	5544	5046	3942	2684	1550	669
Darapladib	6504	6201	6038	5902	5787	5708	5636	5534	5061	3955	2673	1558	634



# ATLANTIC

**Administration of Ticagrelor in the cath Lab or in the Ambulance for New ST elevation myocardial Infarction to open the Coronary artery**

G. Montalescot, A.W. van't Hof, F. Lapostolle, J Silvain, J.F. Lassen, L. Bolognese, W.J. Cantor, A. Cequier, M. Chettibi, S.G. Goodman, C.J. Hammett, K. Huber, M. Janzon, B. Merkely, R.F. Storey, U. Zeymer, O. Stibbe, P. Ecollan, W.M.J.M. Heutz, E. Swahn, J.P. Collet, F.F. Willems, C. Baradat, M. Licour, A. Tsatsaris, E. Vicaut, C.W. Hamm, for the ATLANTIC investigators



*G. Montalescot, COI are available at [www.action-coeur.org](http://www.action-coeur.org)*





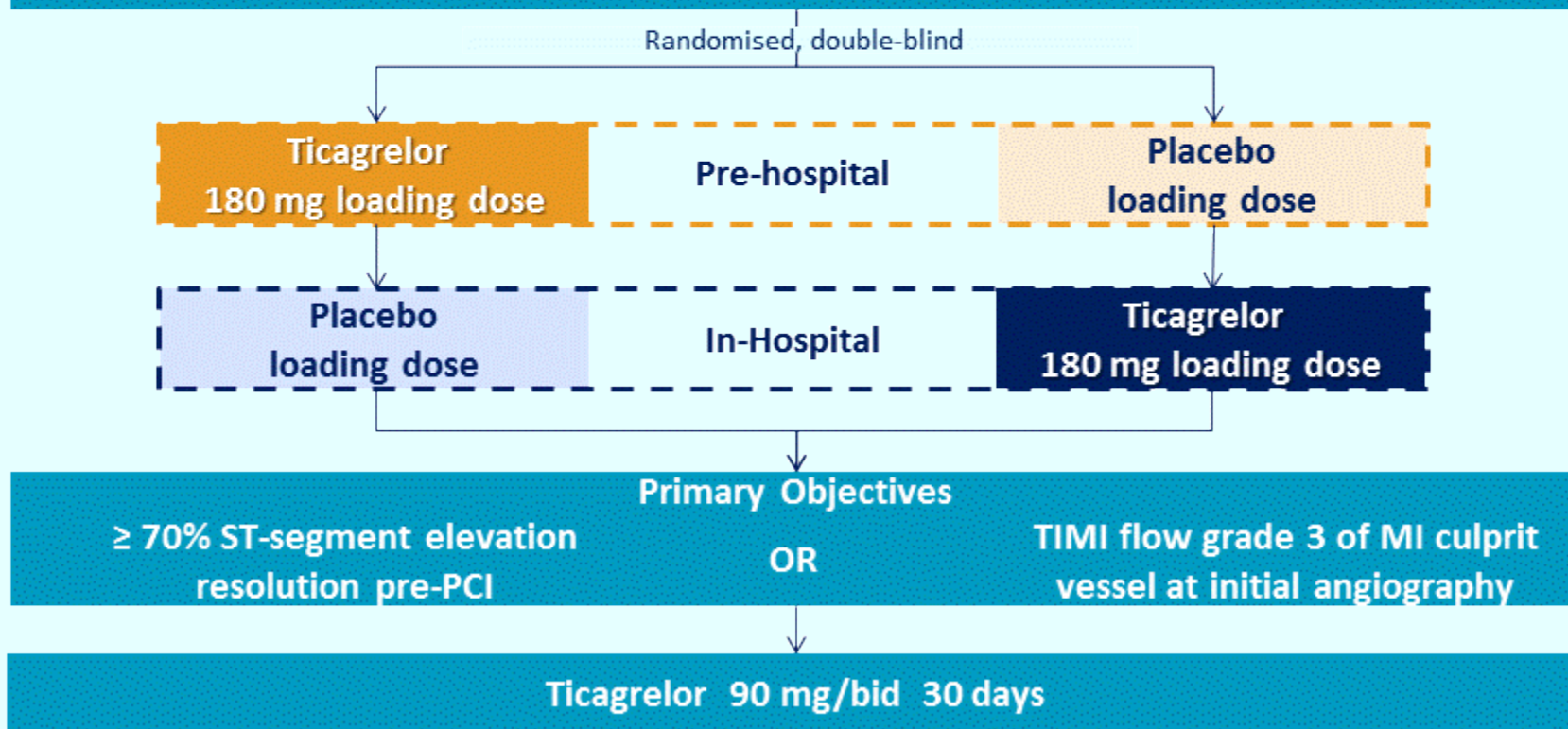


Atlantic Population

# Study population and design

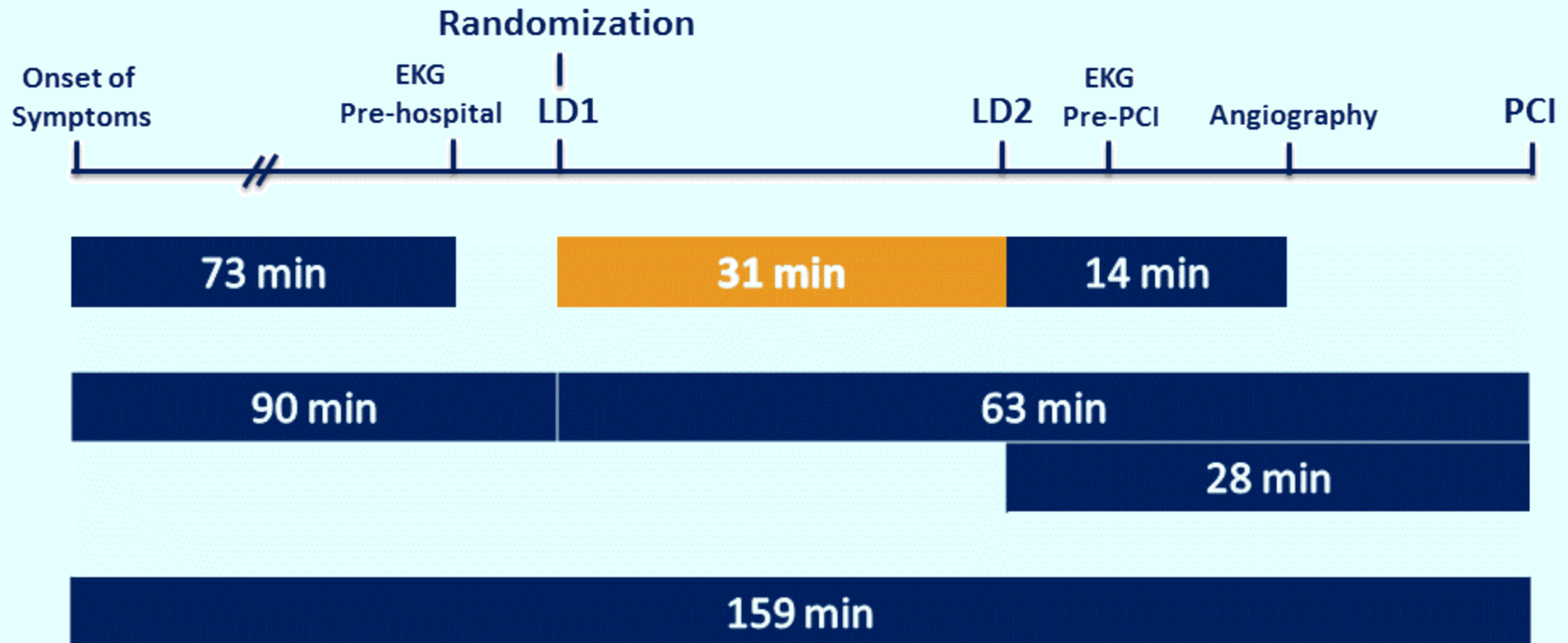
- Documented evidence of STEMI
- Planned for angioplasty (PCI)
- onset of ischaemic symptoms within 6 h
- initially managed by ambulance physician/personnel; also concerning patients not pre-treated for STEMI in emergency rooms of non-PCI hospitals

## STE-ACS planned for PCI (N = 1862)





# Median times to pre- and in-hospital steps

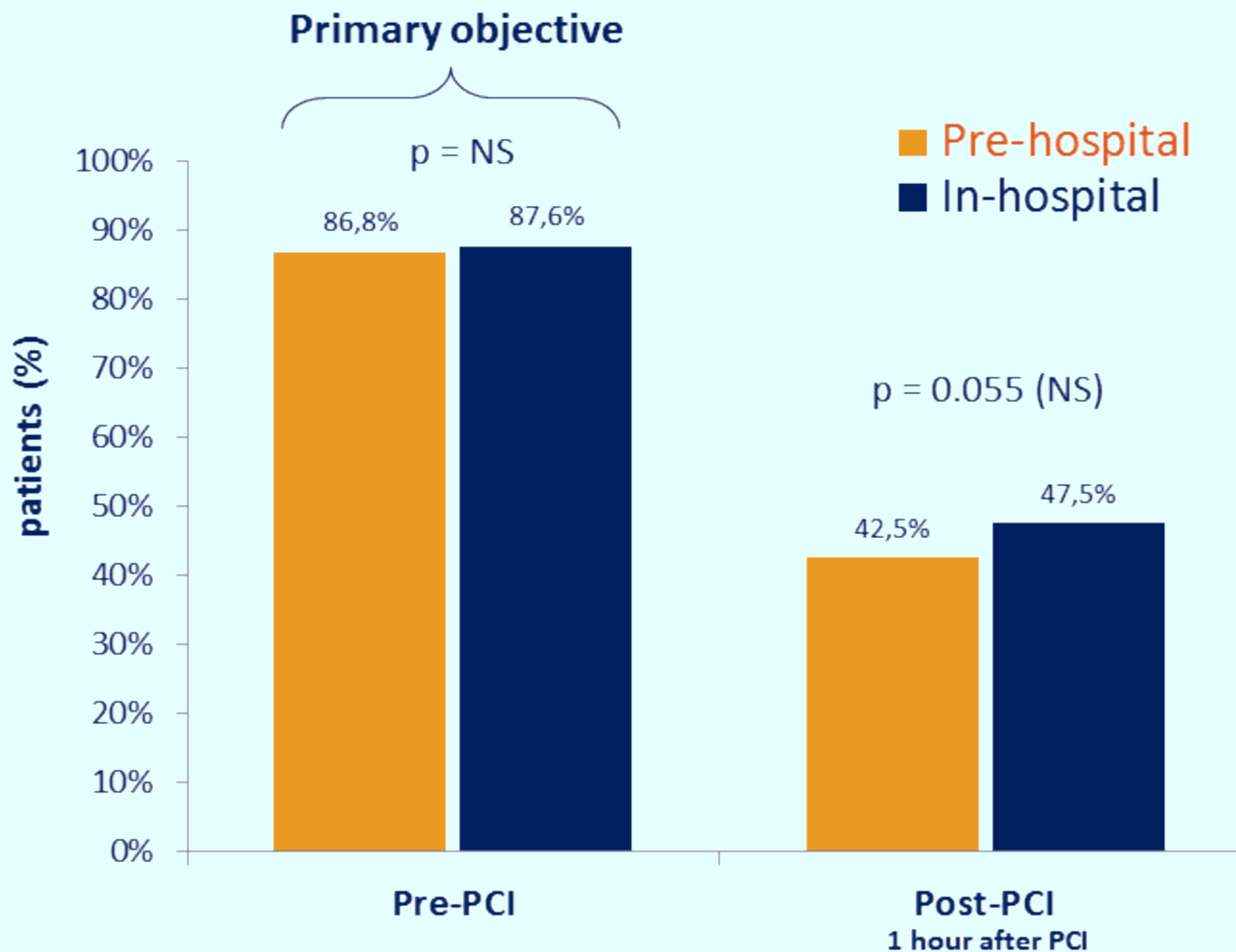






# 1<sup>st</sup> Co-primary endpoint

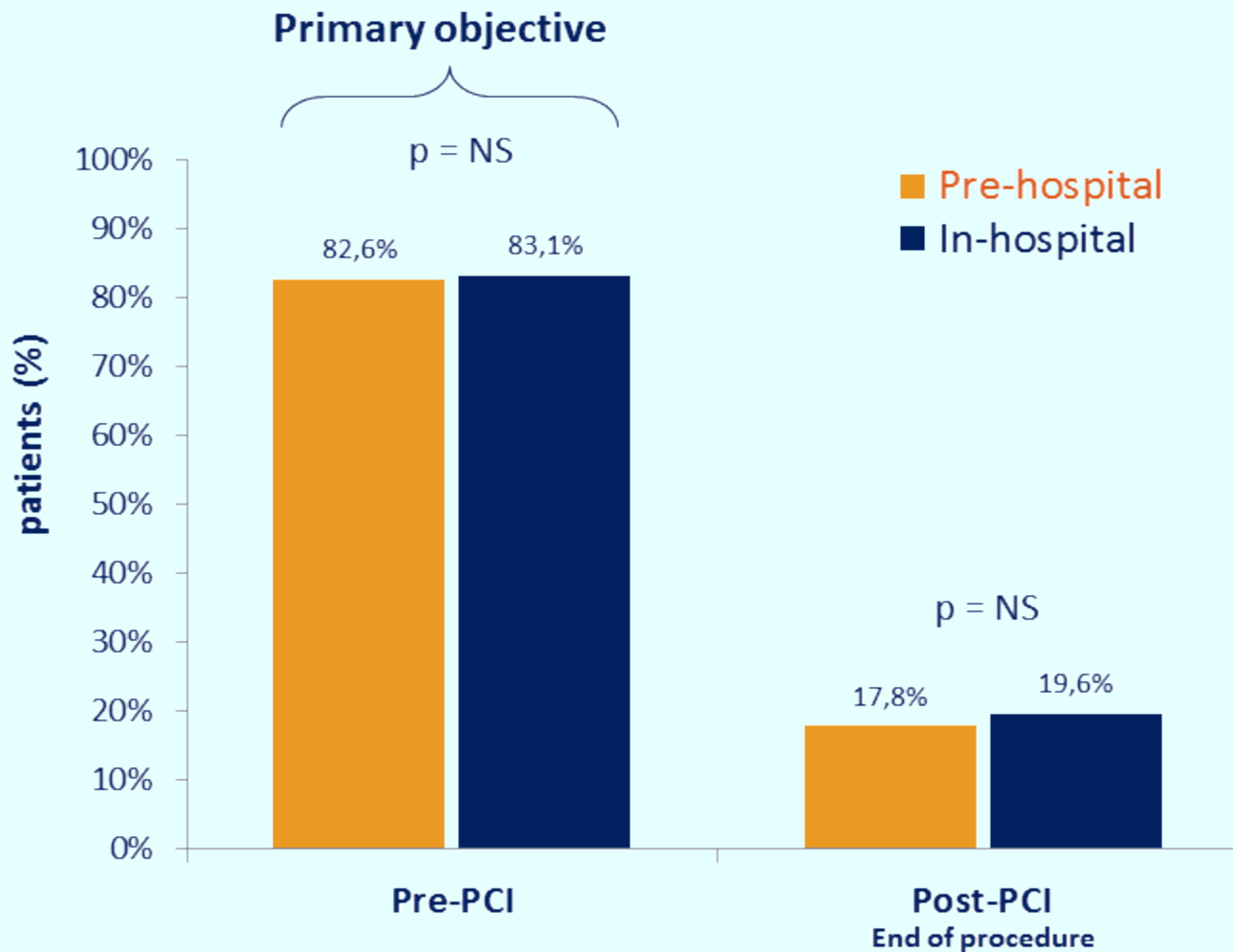
## No ST-segment resolution ( $\geq 70\%$ )





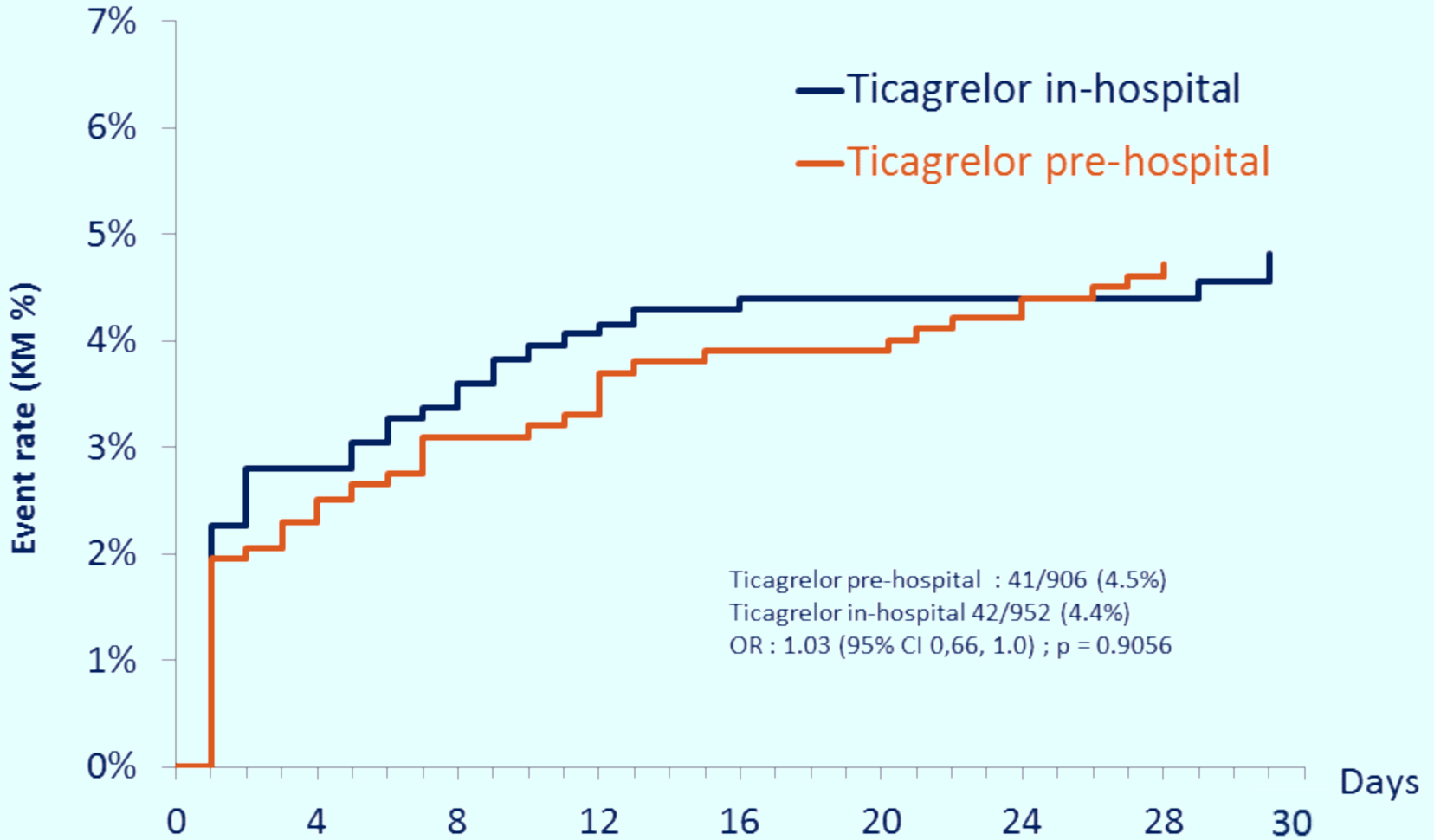
# 2<sup>nd</sup> Co-primary endpoint

## No TIMI 3 flow in infarct-related artery





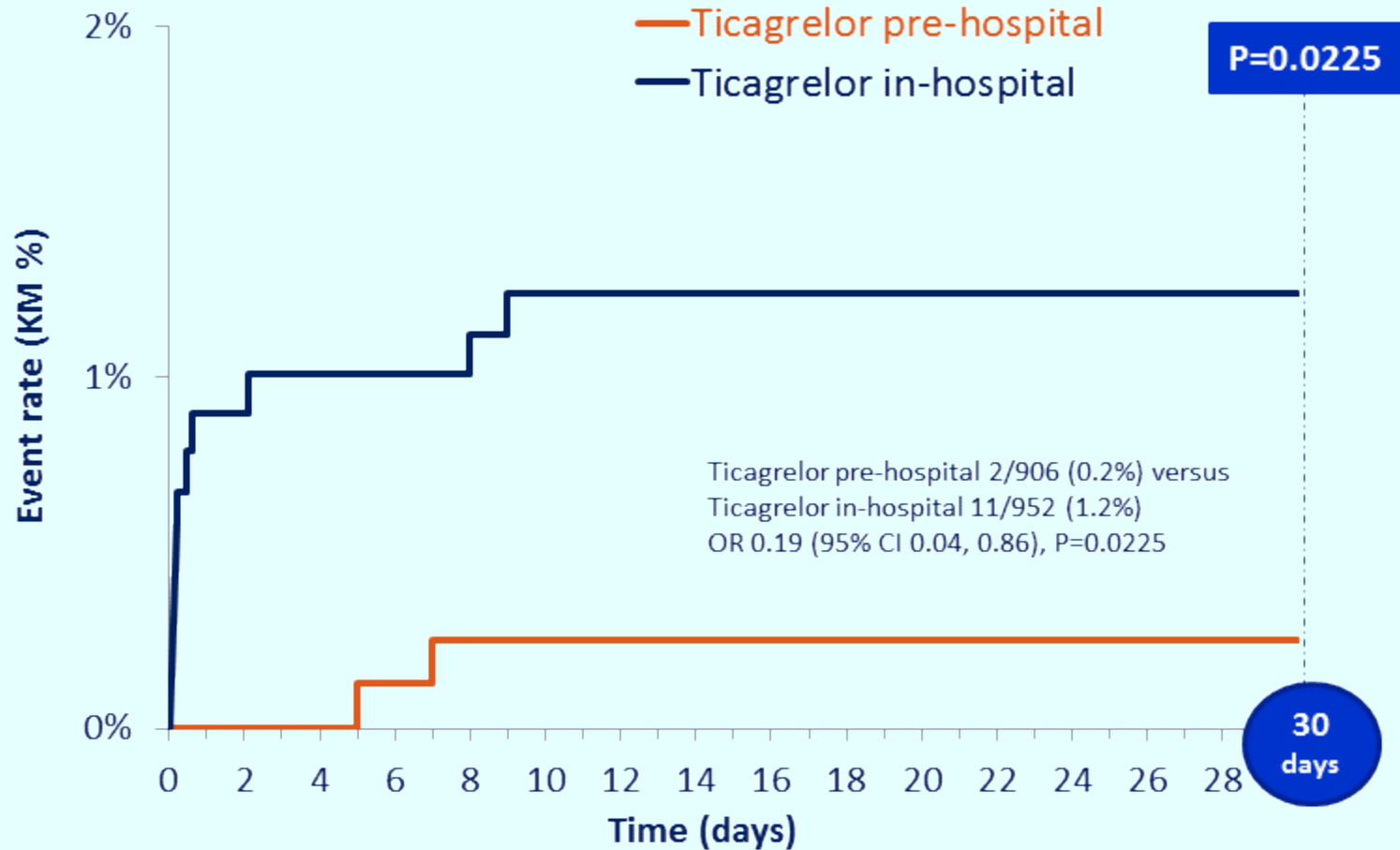
# Major adverse CV events up to 30 days



*MACE: death, MI, stent thrombosis, stroke or urgent revascularization*

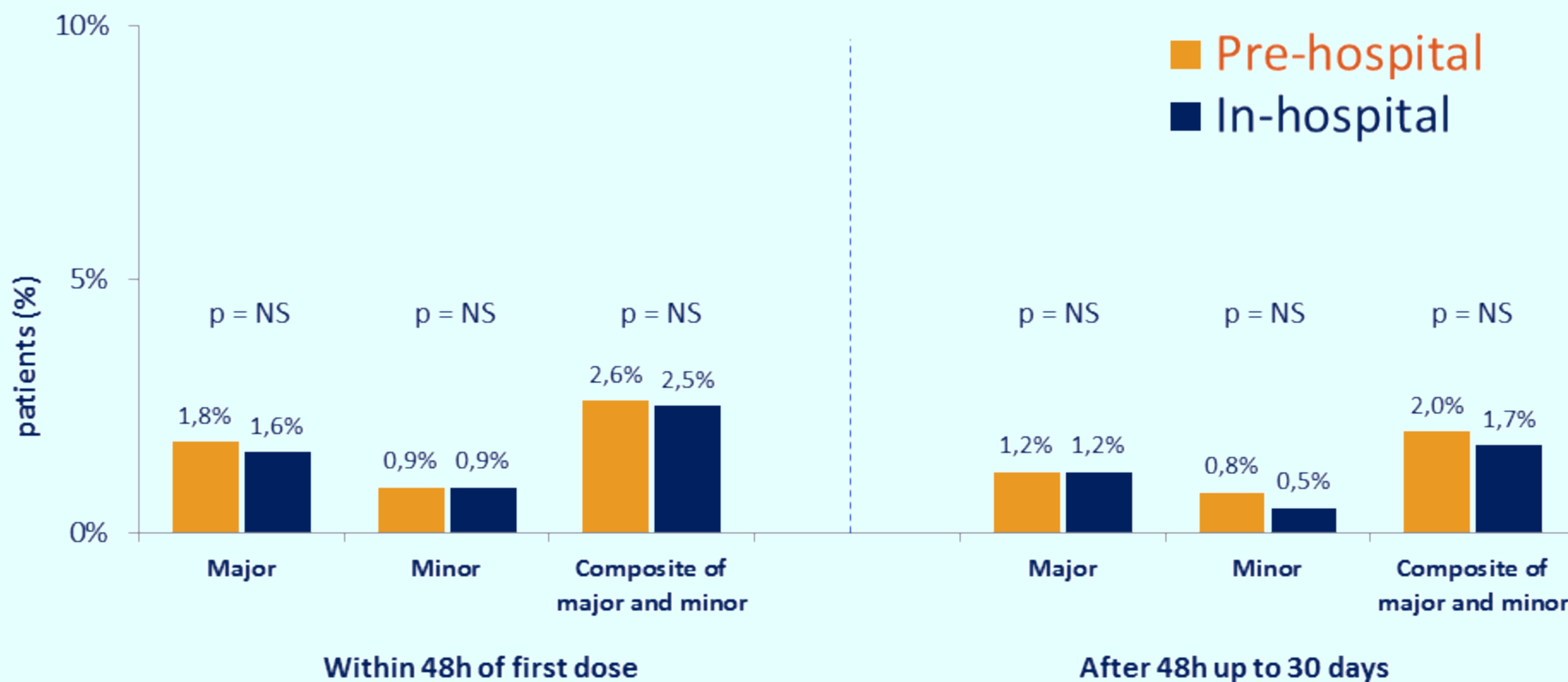


# Definite stent thrombosis up to 30 days





# Non-CABG-related bleeding events (PLATO definitions) - Safety population







# AVOID Study

## Air Versus Oxygen In ST-elevation MyocarDial Infarction

**Dr Dion Stub** MBBS PhD FRACP

*Baker IDI Heart & Diabetes Institute, Melbourne Australia  
St Paul's Hospital Vancouver, Canada*

*On behalf of Karen Smith, Stephen Bernard, Ziad Nehme, Michael Stephenson, Janet E. Bray, Peter Cameron, Bill Barger, Andris H. Ellims, Andrew J. Taylor, Ian T. Meredith, David M. Kaye for the AVOID Investigators.*



# Trial Design

Paramedics Assess Patient  
Symptoms of STEMI <12 hours, O<sub>2</sub> Sats ≥ 94%  
ST-elevation ≥2 contiguous ECG leads  
Intended for primary PCI

**Exclusion Criteria**  
Oxygen saturation <94% on pulse oximeter  
Oxygen administration prior to randomization  
Altered conscious state  
Planned transport to a non-participating hospital

Randomize 1:1

**Oxygen**

8L/minute via face mask

**No Oxygen**

Unless O<sub>2</sub> falls below 94% than  
minimum titrated O<sub>2</sub> via mask

Pre-Hospital

Physician confirms STEMI

In-Hospital

**Primary PCI**

Oxygen (8L/min) in Cath Lab

**Primary PCI**

No Oxygen in Cath Lab

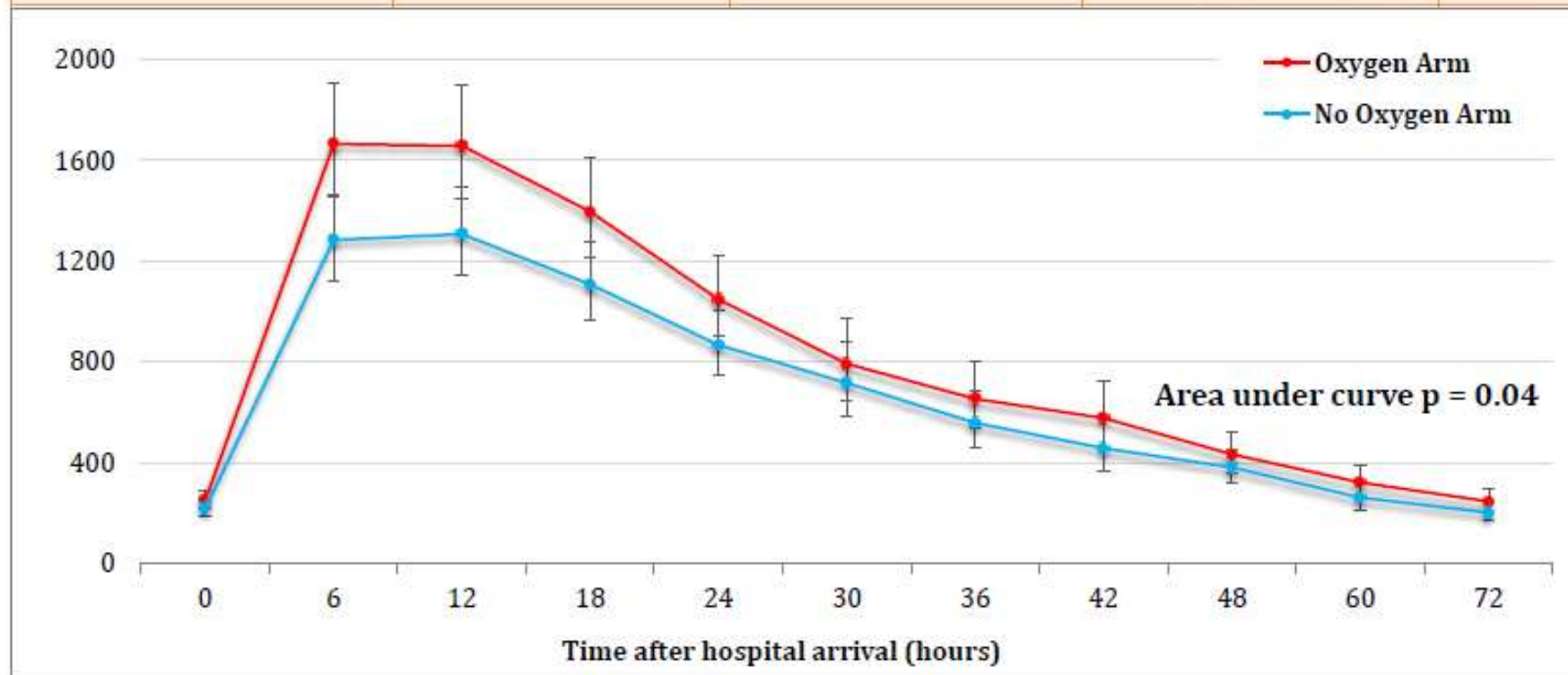
Cardiac Enzymes 72 hours  
Cardiac MRI and clinical follow up 6 months

Stub et al. *AHJ* 2012;163;3:339-345  
Clinicaltrials.gov NCT01272713



# Primary Endpoint Infarct Size on Cardiac Enzymes

Creatine kinase, U/L	Oxygen Arm N=217	No Oxygen Arm N=222	Ratio of means (Oxygen/No Oxygen)	P-value
Geometric Mean Peak (95% CI)	1948 (1721 - 2205)	1543 (1341 - 1776)	1.26 (1.05 - 1.52)	0.01
Median Peak (IQR)	2073 (1065, 3753)	1727 (737, 3598)		0.04



## Secondary Endpoint CMR Infarct Size at 6 months

CMR Infarct Size	Oxygen Arm N=65	No Oxygen Arm N=74	Ratio of means (Oxygen/No Oxygen)	P-value
Median (IQR), grams	20.3 (9.6, 29.6)	13.1 (5.2, 23.6)		0.04
Geometric Mean (95% CI), grams	14.6 (11.3 – 18.8)	10.2 (7.7 – 13.4)	1.43 (0.99 – 2.07)	0.06
Median (IQR) proportion of LV mass	12.6 (6.7, 19.2)	9.0 (4.1, 16.3)		0.08
Geometric Mean(95% CI)proportion of LV mass	10.0 (8.1 – 12.5)	7.3 (5.7 – 9.3)	1.38 (0.99 – 1.92)	0.06

# Clinical Endpoints

Values are %	Oxygen Arm N=218	No Oxygen Arm N=223	P-Value
<b>At Hospital Discharge</b>			
Mortality	1.8	4.5	0.11
Recurrent myocardial infarction	5.5	0.9	<0.01
Stroke	1.4	0.4	0.30
Major bleeding	4.1	2.7	0.41
Significant arrhythmia	40.4	31.4	0.05
ECG ST-segment resolution > 70%	62.0	69.6	0.10
<b>At 6 months follow up</b>			
Mortality	3.8	5.9	0.32
Recurrent myocardial infarction	7.6	3.6	0.07
Stroke	2.4	1.4	0.43
Repeat revascularization	11.0	7.2	0.17
MACCE	21.9	15.4	0.08





# ***STEMI Accelerator***

Regional Systems of Care Demonstration Project



## **Final Results of the Regional Systems of Care Demonstration Project: Mission: Lifeline™ *STEMI Accelerator Study***

**Matthew W Sherwood, Hussein R Al-Khalidi, James G Jollis,  
Mayme L Roettig, Peter B Berger, Claire C Corbett,  
Harold L Dauerman, Kathleen Fox, J Lee Garvey,  
Timothy D Henry, Ivan C Rokos, B Hadley Wilson,  
Christopher B. Granger for the Accelerator Project**



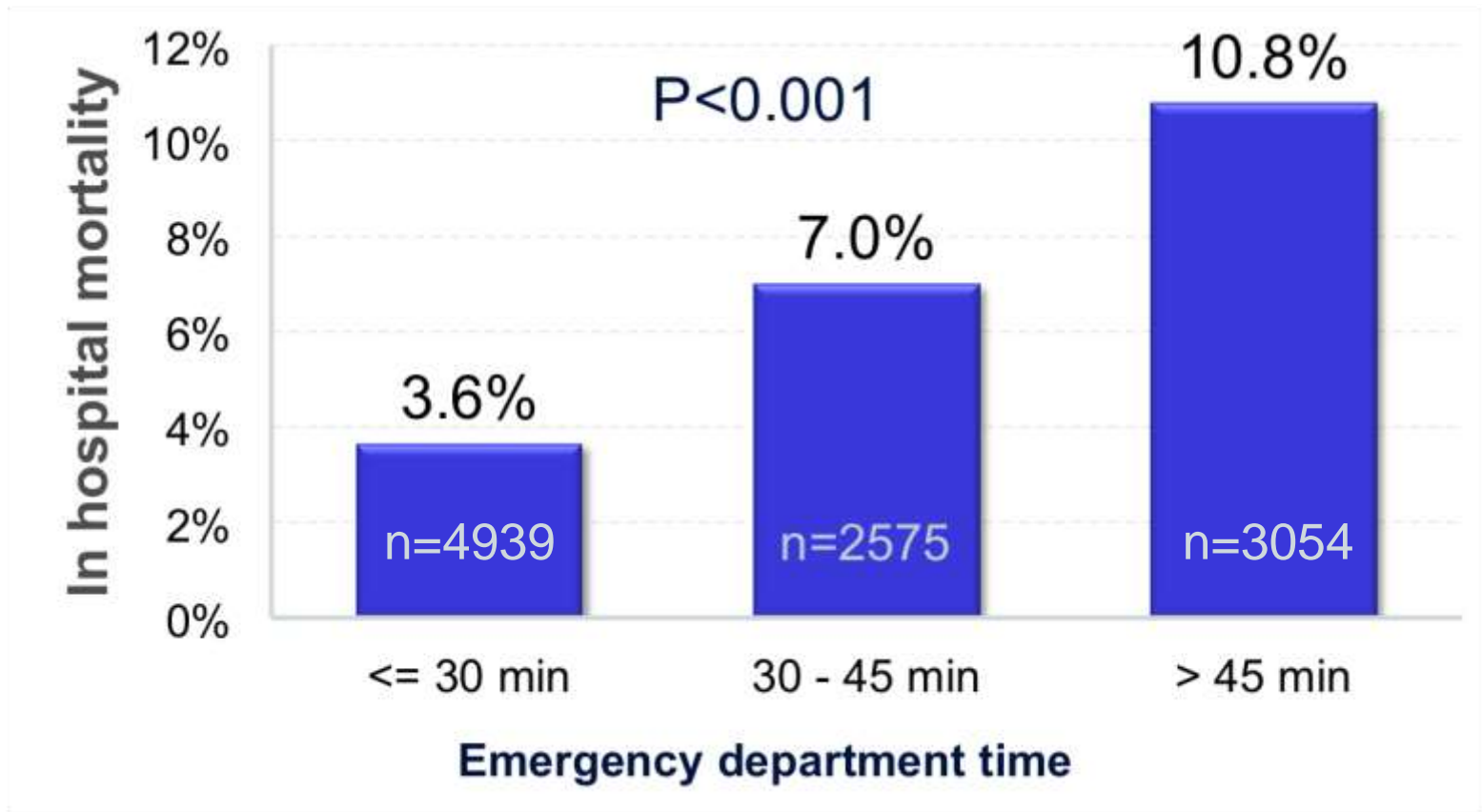
# Intervention Sites

16 regions  
484 hospitals  
1,253 EMS agencies

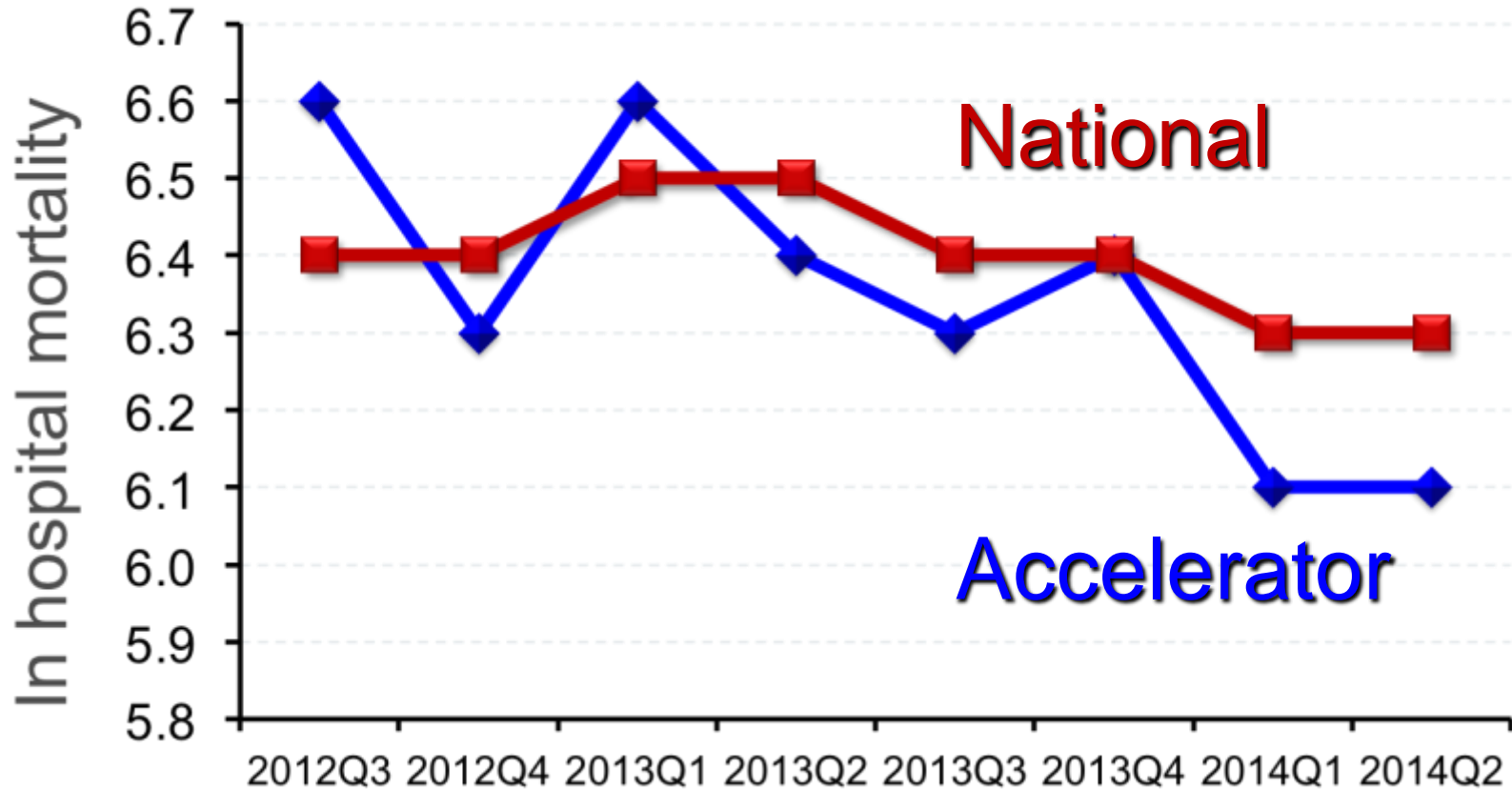


# ED time and Risk-adjusted in-hospital mortality

Direct EMS patients



# In hospital mortality (rolling 12 months)



# Study Design



**Patients stabilized post ACS  $\leq$  10 days:**

LDL-C 50–125\*mg/dL (or 50–100\*\*mg/dL if prior lipid-lowering Rx)

\*3.2mM

\*\*2.6mM

**N=18,144**

Standard Medical & Interventional Therapy

**Simvastatin  
40 mg**

*Uptitrated to  
Simva 80 mg  
if LDL-C > 79  
(adapted per  
FDA label 2011)*

**Ezetimibe / Simvastatin  
10 / 40 mg**

Follow-up Visit Day 30, every 4 months

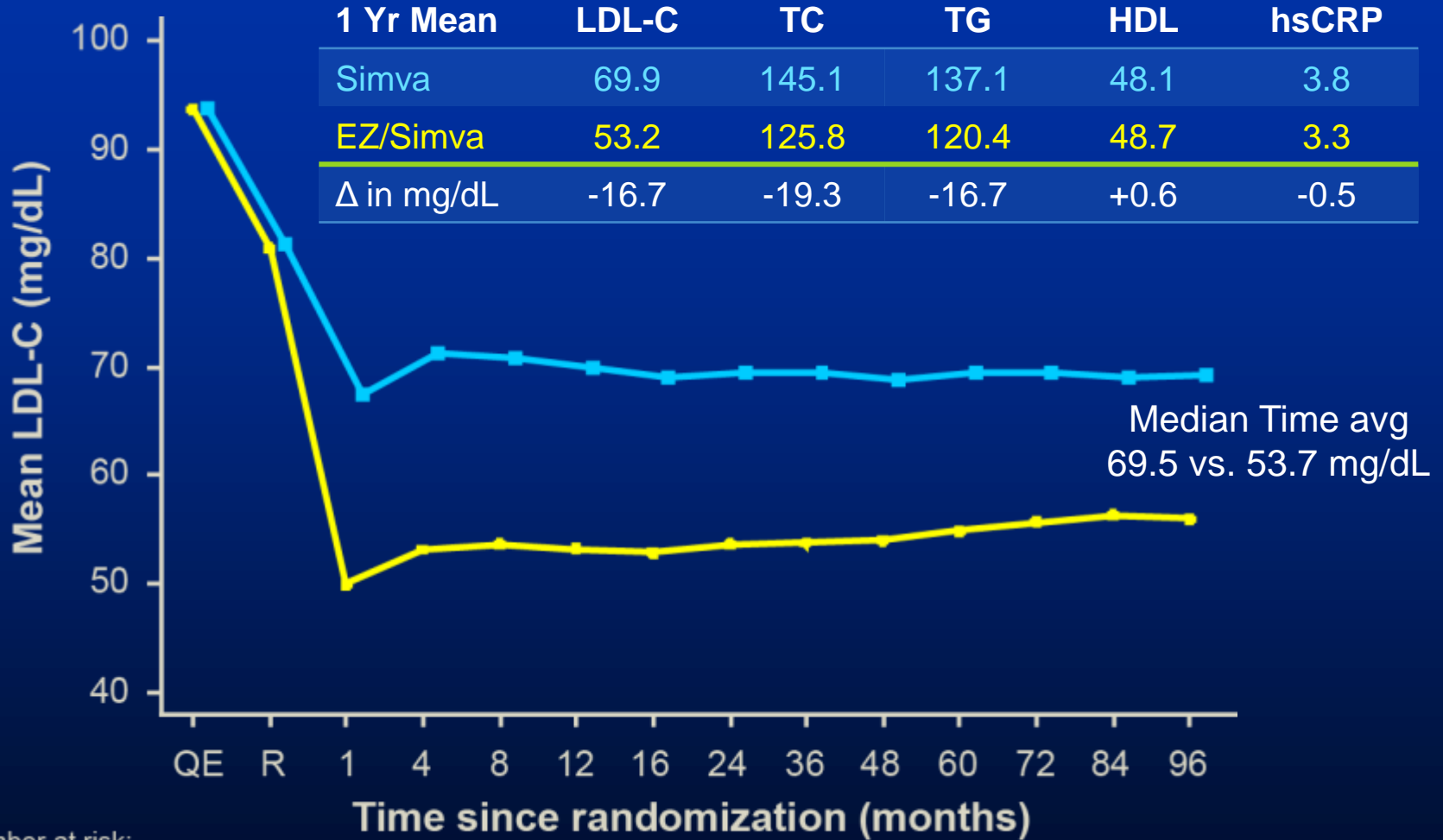
*90% power to detect  
~9% difference*

**Duration: Minimum 2 ½-year follow-up (at least 5250 events)**

**Primary Endpoint:** CV death, MI, hospital admission for UA, coronary revascularization ( $\geq$  30 days after randomization), or stroke



# LDL-C and Lipid Changes



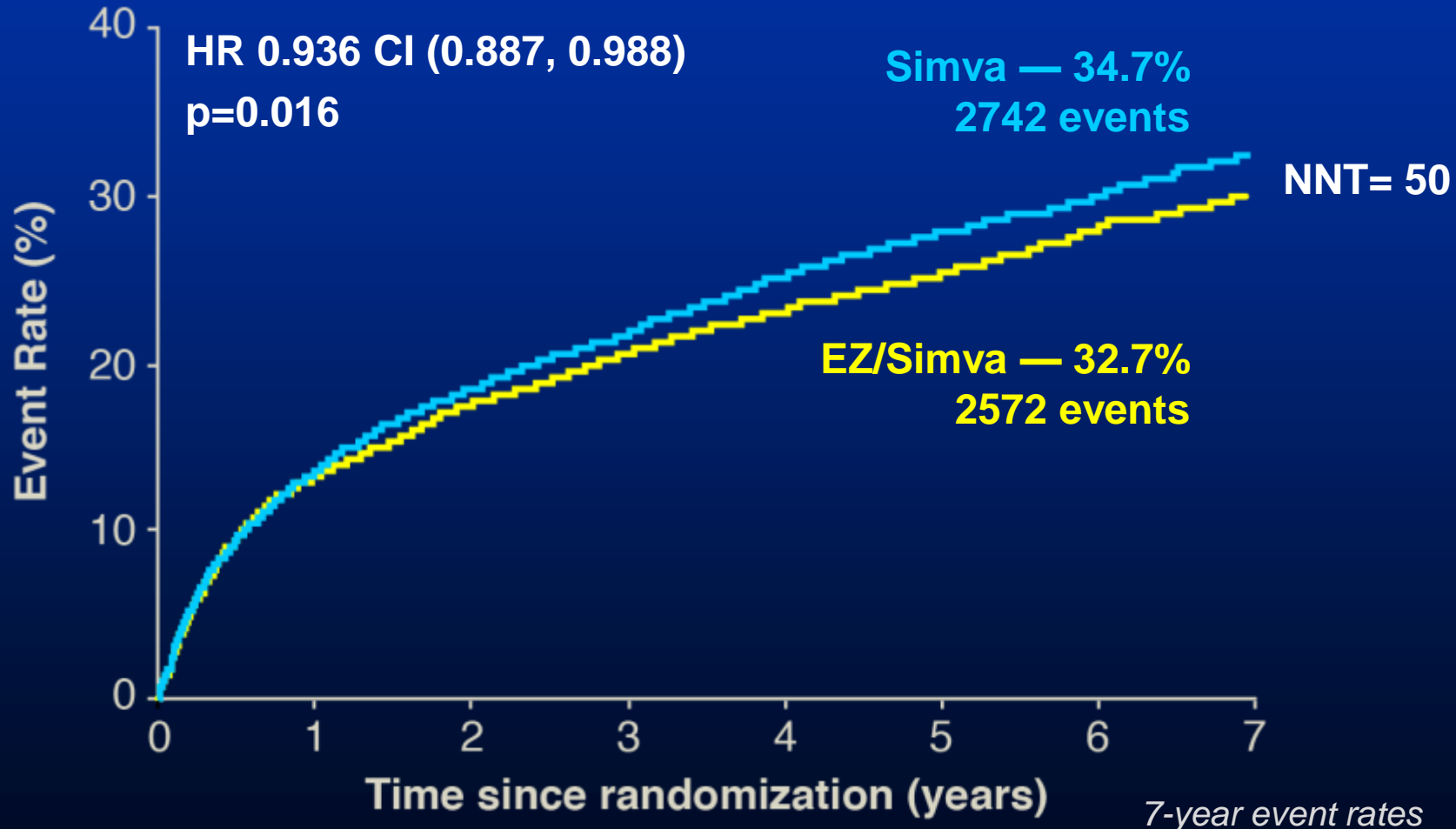
Number at risk:

EZ/Simva	8990	8889	8230	7701	7264	6864	6583	6256	5734	5354	4508	3484	2608	1078
Simva	9009	8921	8306	7843	7289	6939	6607	6192	5684	5267	4395	3387	2569	1068

# Primary Endpoint — ITT



Cardiovascular death, MI, documented unstable angina requiring rehospitalization, coronary revascularization ( $\geq 30$  days), or stroke



**Muchas Gracias**  
**por vuestra**  
**atención**